

**CIRCADIAN AUSTRALIA READI™ REAL-TIME & PREDICTIVE ALERTNESS
HEALTH, WELLBEING, SAFETY & SUSTAINABLE RESILIENCE PROGRAMS**

**FATIGUE IS FOUR MORE TIMES LIKELY TO CONTRIBUTE TO
WORKPLACE IMPAIRMENT**

(INCLUDING DRIVING TASKS) THAN DRUGS OR ALCOHOL

Source: Centre for Accident Research and Road Safety – Queensland (CARRS)

CIRCADIAN AUSTRALIA - 100% Australian owned and operated for more than 12 years.
Affiliate of Boston based CIRCADIANTECHNOLOGIES Inc., world leaders in fatigue Risk Management
Research and Consulting for more than 35 years.

Scientifically validated Fatigue Risk Management Solutions ‘FRMS’ incorporating Fatigue Science’s READI™
REAL-TIME & PREDICTIVE ALERTNESS objective sleep and alertness data and analytics.

COPING WITH A SHIFTWORK LIFESTYLE - ‘TAKE OUT THE GUESSWORK!’

- Online Education & Awareness training to enhance:
 - alertness
 - safety
 - physical & mental health
 - wellbeing & sustainable resilience
- Enable individuals to take out the guesswork when self-assessing their fitness for work with READI™
- Identify & develop strategies to mitigate fatigue risk based on organizational objective data
- Confidential Sleep Coaching to improve sleep quality, sleep quantity & alertness
- Biomathematical Roster analysis to identify roster driven fatigue
- Fatigue Risk Assessments / Pilot Studies
 - Site visits to conduct gap analysis of work and sleep environment
- Development & implementation support of ‘Organizational Driven’ Fatigue Management Plans

Readi/Band™ by FATIGUE SCIENCE



Unique Features:

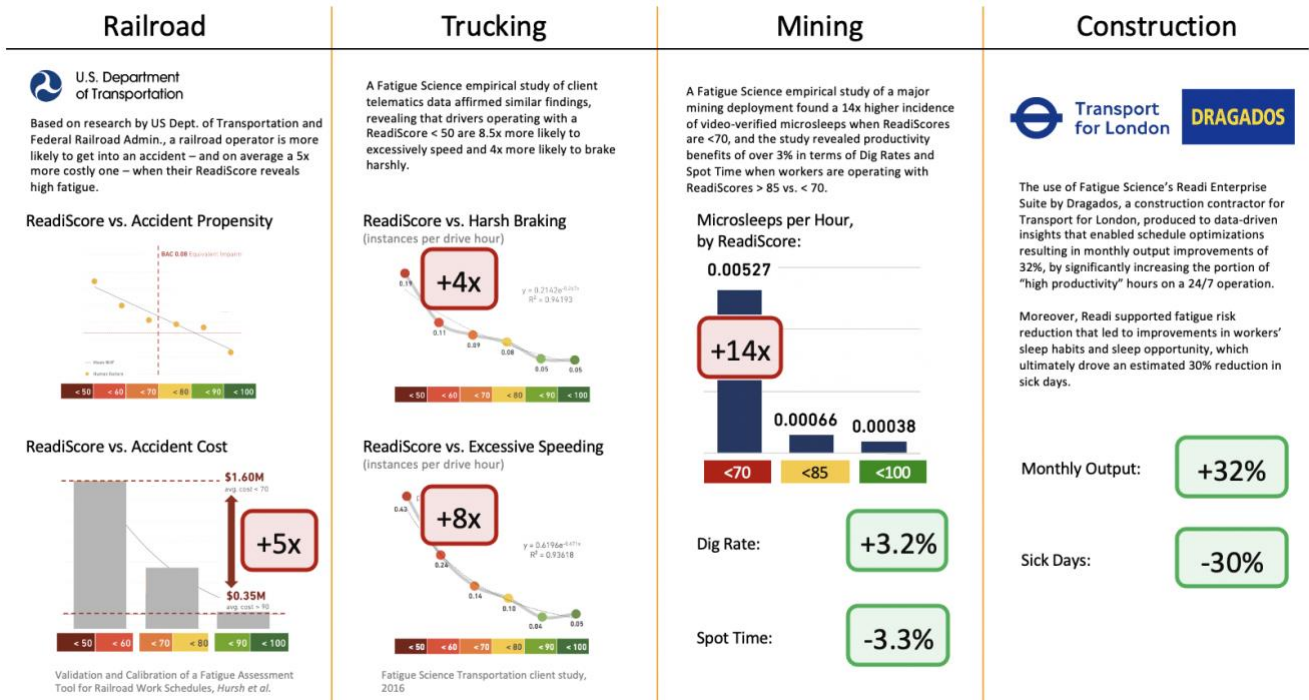
- Readiscore and Fatigue Risk Warnings on Screen
- Group Sync
- 30-Day Battery Life

DATA PRIVACY

Personally-Identifiable Data

 Personal Sleep Data	 Private	Personally-identifiable sleep data is not exposed to customer management or employees. Anonymized data shared via ReadAnalytics.
 Personal Readiscores	 Private	Personally-identifiable Readiscores (fatigue data) are not exposed to customer management or employees. Anonymized data shared via ReadAnalytics.

Readi™ - Correlation to Real-World Performance Outcomes



For further information about CIRCADIANT AUSTRALIA Readi™ Health, Wellbeing and Sustainable Resilience Programmes customised to meet the needs and challenges of your business contact:

Mark Holmes
mark@circadianaustralia.com.au
Mobile: +61 409 265 278

Jim MacDonnell
jim@circadianaustralia.com.au
Mobile: +61 403 333 201

Allan Wildbore
allan@circadianaustralia.com.au
Mobile: 419 154 472